



**Extra Curricular & Events
Policy
2025/26**

1. Introduction

At Al Rabeeh Academy, we believe that extracurricular activities (ECAs) and events play a vital role in nurturing students' wellbeing, confidence, and talents. They provide opportunities for students to develop socially, emotionally, physically, and academically.

Al Rabeeh Extra Curricular Activities can be classified into three categories; Wellbeing, Innovation & Creativity and Academics. All teaching staff and available teaching assistants are encouraged to offer an ECA each term to ensure that all students' needs are catered for across the school cycles. Activity registrations are reset at the beginning of each term to allow students to experience a range of activities across the school year.

This policy outlines how ECAs and events will be provided safely, inclusively, and in compliance with Abu Dhabi Department of Education and Knowledge (ADEK) requirements. It applies to all students, parents, and staff involved in extracurricular life at our school.

2. Aims and Purpose

Through this policy, Al Rabeeh Academy will:

- Offer a broad range of activities that support students' academic, cultural, artistic, athletic, intellectual, and philanthropic growth.
- Ensure safe and inclusive participation for all students, including those with additional learning needs.
- Foster student wellbeing, creativity, teamwork, and leadership.
- Provide clear guidance for parents, staff, and students on how ECAs and events are planned, approved, and delivered.

Al Rabeeh Academies School's Extra Curricular and Events Program promotes

Holistic Development

- Encourages personal growth by fostering skills such as teamwork, leadership, and time management.
- Supports emotional and social development through interaction with peers.

Enhanced Academic Performance

- Participation can lead to improved focus and motivation in academic pursuits.
- Engages students in a well-rounded education, reinforcing classroom learning.

Community Building

- Fosters a sense of belonging and school spirit among students.
- Encourages collaboration and connection between students, teachers, and families.

Skill Development

- Provides opportunities to explore interests and develop new skills outside the classroom.
- Enhances critical thinking, creativity, and problem-solving abilities.

Health and Well-being

- Promotes physical health through sports and active participation.
- Supports mental well-being by reducing stress and providing a constructive outlet for energy.

Cultural Awareness and Diversity

- Exposes students to diverse perspectives and cultures through various events and activities.
- Encourages inclusivity and appreciation for different backgrounds.

College and Career Readiness

- Builds a strong resume and enhances college applications through demonstrated involvement.
- Develops networking skills and professional relationships that can benefit future career paths.

Lifelong Friendships

- Creates lasting bonds and friendships that extend beyond the school years.
- Encourages collaboration and support among peers.

Parental Involvement

- Engages families in school activities, fostering a supportive community.
- Strengthens the partnership between home and school.

Fun and Enjoyment

- Provides a break from academic pressures, allowing students to enjoy their school experience.
- Encourages creativity and self-expression through various activities and events.

3. Extracurricular Provision

3.1 Range of Activities

- Activities will include academic clubs, sports, arts, cultural events, student leadership opportunities, and charitable initiatives.
- A number of activities will be offered free of charge, especially those led by school staff or volunteers.
- Additional paid activities may be offered, subject to ADEK approval and reasonable fee structures.

Activities are led by experienced ADEK approved Al Rabeeh staff members and ADEK approved third party coaches and supervision ratios are inline with ADEK requirements. All activity providers have read and are aware of the ADEK Student Protection policy.

3.2 Access and Inclusion

- All students are encouraged to participate, regardless of ability, gender, or background.
- Adjustments will be made where necessary to ensure students with additional learning needs are included.
- Students may propose new ECAs with approval from the Principal.

3.3 Scheduling

Extra Curricular Activities run directly after the school day and the vast majority are free to attend for Al Rabeeh Students. The termly activity schedule is coordinated with School leaders and agreed upon. Students and parents are invited to feedback regarding preferences for additional activities each term. Key stage 4 & 5 students are invited to lead or assist in after school activities as part of their personal development.

Activity registrations are made via the schools OKRA portal booking system, available to all parents and students. Schedules are shared with parents and students via the official communication channels. All registered students are expected to act in accordance with the School Codes of Conduct and adhere to the ADEK student behaviour policy.

School ECA Booking Portal: <https://alrabeeheducation.okrbook.com/login>

- ECAs will be scheduled to minimise disruption to lessons. Some may run after school, during weekends, holidays, or school breaks, with ADEK approval.
- A full ECA calendar will be shared with parents and published on the school communication channels.

4. Roles and Responsibilities

4.1 ECA Coordinator(s)

The school will appoint one or more staff members as ECA Coordinators to:

- Oversee the ECA programme and calendar.
- Approve risk assessments and emergency plans.
- Ensure compliance with ADEK policies.
- Communicate regularly with parents, staff, and students.

Extra Curricular Coordinator

Daniel Griffiths

Director of Sports, Extra-Curricular Activities and Trips
dan.griffiths@alrabeehacademy.ae



4.2 ECA Supervisors

Every ECA will have a Supervisor who:

- Has appropriate qualifications/experience.
- Ensures student safety and wellbeing during the activity.
- Completes required risk assessments and incident reports.
- Complies with ADEK's Student Protection, Health and Safety, and Behaviour policies.

4.3 Parents

Parents are expected to:

- Provide signed consent for each ECA, trip, or event.
- Share relevant medical/emergency information.
- Ensure timely pick-up/drop-off of children.

5. Planning and Safety

5.1 Risk Management

- All ECAs, trips, and events will have a risk assessment and emergency plan.
- Adequate adult supervision ratios will be maintained:
 - FS–Y2: 1 adult per 6 students
 - Y3–Y7: 1 adult per 10 students
 - Y8+: 1 adult per 15 students
 - Students with additional needs: 1 adult per 3 students (or higher if required)
 - Overseas trips: 1 adult per 8 students

5.2 Transportation

- School transport for ECAs will follow ADEK's Transportation Policy.
- Only approved transport providers will be used, with appropriate safety equipment and supervision.

5.3 Health and Wellbeing

- First aid provisions will be available at all ECAs and events.
- Food provided during ECAs will meet ADEK's Healthy Eating and Food Safety Policy.

6. Events

- Events may include sports days, National Day celebrations, cultural performances, competitions, and graduation ceremonies.
- All events will:
 - Be planned in line with ADEK cultural and health/safety requirements.
 - Require parental consent for student participation.
 - Include clear behaviour expectations for all attendees.
- Graduation ceremonies will be free of charge, with no requirement for parents to purchase additional materials.
- Photography at events will only take place with prior parental approval.

7. Trips and Exchange Programmes

- Field trips require ADEK approval and parental consent. Participation is optional.
- Overseas trips will only be offered from Year 6 upwards (with exceptions for gifted students). These will include travel insurance and follow UAE Ministry of Foreign Affairs guidance.
- Exchange programmes (inbound and outbound) will be approved in line with ADEK rules, with clear responsibilities shared between parents and the school.

8. Parental Consent

Parents must provide signed consent for their child to participate in any ECA, event, or trip. Consent forms will include:

- Purpose, schedule, and location of the activity.
- Transportation arrangements.
- Supervisors' contact details.
- Emergency and medical information.

9. Records and Accountability

The school will maintain records of:

- Student attendance at ECAs.
- Risk assessments, emergency plans, and consent forms.
- Incident reports (submitted through ADEK's reporting systems where required).
- All external providers and associated approvals.

Non-compliance with this policy may result in ADEK intervention or legal accountability.

10. Communication with Parents

- This policy will be available on the school website and in parent and student handbooks.
- Regular communication will include:

- ECA calendars and updates.
- Event invitations.
- Safety and consent requirements.

11. Review of Policy

This policy will be reviewed annually to ensure alignment with ADEK updates and the needs of our school community.

Al Rabeeh Academy’s Extra Curricular Program

At Al Rabeeh Academy the aim of our ECA programme is to enrich students’ educational experience. We aim to create opportunities for every student by varying the activities between academic and non-academic. Many of the activities on offer will support a healthy lifestyle, increasingly important to the wellbeing of the students.

The Al Rabeeh Academy ECA programme consists of activities over 4 days, Monday to Thursday. Monday and Thursday ECA’s are teacher-led activities, which we refer to as internally provided activities, in which we aim to provide our students with a chance to interact with their teachers away from the classroom environment. We are also using external local providers to offer our students additional physical activities in Gymnastics, Keyboard,Karate, Jiu jitsu, & Maestros Football. These externally provided activities will require additional payment to participate.



Student Pick up time - 3.20pm

Term 1 - 8 Weeks. Beginning 22nd September



Monday		Tuesday			Wednesday			Thursday	
Yr	ECA	Yr	Teacher Name	ECA	Yr	Teacher Name	ECA	Yr	ECA
F52	Fine Motor	F52 - Y2	Sport Ethics	Gymnastics	Y7 - 13	ARA Teachers	Girls Basketball	F52	Music and Movement
F52	Speech and Drama	Y7 - 13	ARA Teachers	Boys Basketball	Y7 - 13	ARA Teachers	Boys Football	F52	Arts and Crafts
1 & 2	Kids Fit Club	F52 - Y6	Tharanga institue	Keyboard	Y3 - Y6	Sport Ethics	Gymnastics	1 & 2	Golf & Team Building Games
1 & 2	Drawing Academy	F52 - Y6	Impact Karate	Karate	Y2 - Y6	Palms Sports	Jiu Jitsu	1 & 2	Drama
1 & 2	Cosmic yoga	Y3 - Y6	Maestros	Football	F52 - Y2	Maestros	Football	1 & 2	Reading Club
2 & 3	Photography	Y3 - Y6	Maestros	Athletic Academy 3.30-4.30pm	F52 - Y2	Maestros	Athletic Academy 3.30-4.30pm	1 & 2	Puzzle and games club
3 & 4	Art Club							3 & 4	Creative writing
3 - 6	Dance Squad							3 - 6	Performing Arts Company Thurs
3 & 4	Stopmotion							3 & 4	Chess
4 - 6	Boys Football							3 & 4	Joe Wicks Movement
5 & 6	Mindfulness & Wellbeing							4 - 9	Girls football
5 & 6	Arts and Crafts							5 & 6	Digital Art / Canva
5 & 6	Tournament of Minds - Y5/6 G&T							5 & 6	Padel Tennis
5 & 6	Quran club							5 & 6	Quiz club
5 & 6	Science Club							5 & 6	Table Tennis
Y7 - 9	Young Designers							6	Robotics club
Y7 - 9	Boys Martial Arts Club							Y7 - 9	Board Games
Y7 - 13	Web Wizards: HTML & Website Creation							Y7 - 9	STEAM Club
Y7 - 13	Arabian Crafts							Y7 - 9	Arabic Songs
Y7 - 13	Languages Club (Spanish)							Y7 - 10	Art Club
Y7 - 13	Volleyball Girls							Y7 - 13	Volleyball Boys
Y7 - 13	Table Tennis							Y7 - 13	Wellbeing Club
Y7 - 13	Mindfulness							Y7 - 13	Chess Club
Y10 - 13	Psychology Peer Mentoring							Y7 - 13	Performing Arts Company
								Y10 - 13	Fitness / Military Prep - KS5

Week
Schedule

You will find an overview of some of the clubs in the following pages.